

CAMBRIDGE CENTRAL SCHOOL MEDICAL INTERIM HEALTH HISTORY & ATHLETIC PERMISSION SLIP

STUDENT NAME _____ SPORT _____ DATE _____
 GRADE _____ AGE _____ DATE OF BIRTH _____ DATE ENTERED 9TH GRADE _____
 PARENT/GUARDIAN NAME _____ ADDRESS/ZIP _____
 HOME PHONE _____ CELL PHONE _____ WORK PHONE _____ E-MAIL _____
 EMERGENCY CONTACT _____ PHONE _____
 PHYSICIAN'S NAME _____ PHONE _____
 INSURANCE CARRIER _____ IDENTIFICATION # _____
 ADVANCED PLACEMENT (Grade 7/8 playing JV/Varsity)? NO YES If yes, additional forms must be completed

Within 30 days prior to the start of practice at the beginning of each season, this health history review for each athlete must be completed by the parent/guardian. In the event of illness or injury requiring medical attention by a physician, the athlete will not be allowed to participate until they present a written release from a doctor. An exam within the last year is required for participation.

Please answer the following questions by circling YES or NO;

HAS YOUR CHILD EVER:

1. Within the last year sustained any injury or serious illness which required medical attention including a head injury, loss of consciousness, or burner/stinger (pain from neck to arm)?..... YES NO
If YES, date when was the problem fully resolved? _____
2. Had a seizure?..... YES NO
3. Complained of chest pain or fainting during physical exertion?..... YES NO
4. Had high blood pressure, a heart murmur, or family history of sudden death before age 50?..... YES NO
5. Been required to wear corrective lenses during sports participation?..... YES NO
If YES, does he/she wear contact lenses?..... YES NO
6. Been under a physician's care in the past year or taking medication now?..... YES NO
If YES, please state the diagnosis and medication prescribed _____
7. Had any allergies to medicines, food, insects, etc.?..... YES NO
If yes, do you have or require an epipen?..... YES NO
8. Had asthma?..... YES NO
If YES, does your child use an inhaler? Prescription name _____
9. Had impaired or absence of one or both kidneys?..... YES NO
10. Date of Last Tetanus shot _____
11. MALES: Number of testicles _____ FEMALES: Date of onset of menstrual cycle _____
12. Had: Diabetes ___ Hepatitis ___ Hernia ___ Mononucleosis ___ Eye Injury ___
Ear Injury ___ Headaches ___ Stress Fracture ___
13. Injured: Ankle ___ Back/Neck ___ Elbow ___ Chest/Ribs ___ Foot/Toes ___ Hand ___ Wrist ___
Fingers ___ Hip ___ Knee ___ Shin ___ Calf ___ Shoulder ___ Thigh ___
14. Treatment for any Mental Health Issues?..... YES NO

Please list any additional information where you have answered YES:

PARENT/GUARDIAN - PLEASE READ CAREFULLY AND SIGN

I have read the HEADS UP Concussion Fact Sheet for Parents attached to this form and answered the questions above to the best of my knowledge. My signature below constitutes permission for my child to participate in the above named sport. I also give my consent for my child to receive whatever medical attention (X-Rays, Treatments, Surgery, etc.) that the medical authorities deem necessary for injuries experienced while participating in interscholastic athletics sponsored by Cambridge Central School. I am also aware that certain risks are inherent in athletic participation. Although not probable, serious injuries or even death may occur. In the event of an injury, the school nurse or a physician will be consulted.

PARENT'S SIGNATURE _____

DATE _____

FOR OFFICE USE ONLY (Valid only if signed by the School Nurse or the Athletic Director)

THIS CERTIFIES THAT THE ABOVE NAMED STUDENT ATHLETE IS PHYSICALLY QUALIFIED TO PARTICIPATE IN THE SPORT INDICATED.

DATE OF LAST PHYSICAL EXAM _____

SIGNATURE _____

DATE _____