

HEALTH OFFICE  
CAMBRIDGE CENTRAL SCHOOL  
24 SOUTH PARK STREET  
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Permission to Administer Over-the-Counter (OTC) Medications at School

The following OTC medications are commonly used for the management of minor acute illnesses and injuries. As the parents and health care provider of \_\_\_\_\_ we give permission for the school nurse to administer these medications in the following doses, at the indicated intervals, when he/she feels they are indicated by the child's condition, without obtaining further permission.

**Acetaminophen:** 10-15 mg/kg / dose; every 4 hours for pain or fever, by mouth. Maximum 2 doses/day, 5 doses/ month without further permission.

**Ibuprofen:** 10 mg/kg / dose, by mouth, every 4-6 hours for pain or fever. Maximum 2 doses/day, 5 doses/month without further permission.

**Bacitracin ointment:** Use as needed on minor cuts or abrasions

**Caladryl:** Use as directed on minor rashes, insect bites, etc that cause itching.

**Hydrocortizone cream:** Use as directed for minor skin irritations.

**Diphenhydramine:** 1-1.5mg/kg/dose, q6hrs for itchiness, allergic reaction, allergy symptoms. Maximum 2 doses/day, 5 doses /month without further permission.

**Maalox/Mylanta:** 0.5cc/kg.;dose, q 2-4hours for stomach pain or indigestion. Maximum 2 doses/day, 5 doses without further permission.

**Robitussin/Guaifenesin Elixir (100mg/5cc):** 5cc q 4 hours under age 12, 10cc q 4 hours if 12 years old or above prn cough.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date